



Kilohana *Chronicles*



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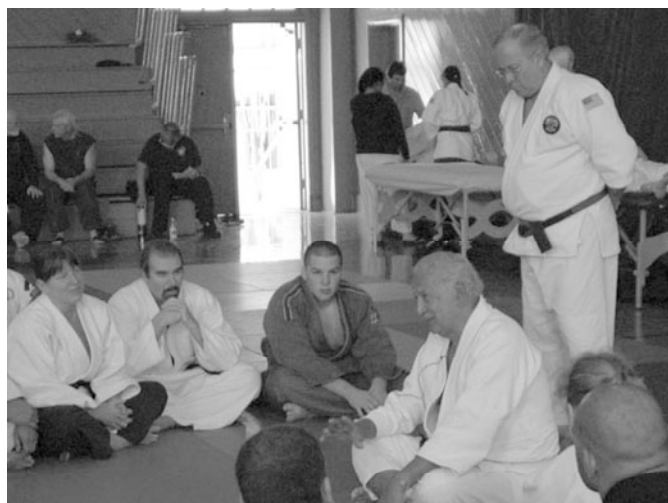
Among Masters

2006 Masters' Seminar in Campbell,
California

by Dan Spalding

You know when you've had an experience you'll remember forever. This year's Masters' Seminar was just such an experience for me. About 150 students had the opportunity to train with 21 amazing teachers. Weeks later, I'm still reflecting on the lessons I learned in Campbell.

I had the good fortune to begin and end the day with my own art, Danzan Ryu Jujitsu. My first seminar was with Libert O'Sullivan Sensei, among the last people teaching who trained directly under Okazaki Sensei. I was one of many eager to learn from someone so close to the founder of Danzan Ryu. Libert O'Sullivan Sensei did not disappoint. He recounted stories from the beginning of Okazaki Sensei's teaching career in Hawaii, and illustrated his lesson with extremely practical self-defense techniques, which we practiced under the watchful eyes of Russ Coelho.



Professor Libert O'Sullivan tells stories and shares history about training with Okazaki Sensei.

It could've been a struggle to choose my next workshop from the three that were offered. However, the decision was easy. From my experience attending Suro Jason Inay's eskrima workshops at my dojo, I've learned a valuable lesson: go to workshops with Suro Jason Inay whenever you can. Suro Inay and his teaching assistants taught an outstanding lesson. We reviewed some of the art's long history, and followed with simple but devastating stick and knife techniques.

I continued my stick work with Grand Master Arthur Gonzales. Fresh from training Mexican police officers, he showed us a variety of options with the flex baton. From takedowns to blocking weapons, we learned a range of possibilities against armed opponents. He convinced us, as he must have convinced his police officer students, that the extendible baton is a formidable and flexible (!) weapon. I look forward to training with him again.

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Cultivating “beginner’s mind” is an important part of many Eastern philosophies. If feeling clumsy and awkward is a virtue, then I must have achieved enlightenment during Sifu Andy Ching’s Chinese boxing class. Chinese martial arts awe me with their exacting precision, and this lesson was no exception.

We struggled through a deceptively demanding form, and practiced a Buddhist punch while balanced on one foot. If I ever need to get beginner’s mind again, I know where to go.

I consider myself a solid beginning-intermediate-beginning jujitsu student. So it was only appropriate I finished the day with an advanced/double black diamond lesson in sport jujitsu from Hans Ingebreetsen Sensei and Babtiste Rinsant Sensei, visiting from Paris, France.

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Sensei Margarita Jimenez throws
Sensei Babtiste Rinsant

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Kilohana Chronicles

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Masters’ Seminar photos by James Woodard

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We welcome submissions from everyone.

Send article submissions to:

Kilohana Articles

C/O Suigetsukan

suigetsukan@earthlink.net

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Our instructors taught us how to entangle our opponents in any number of permutations of arms and legs. Between techniques our instructors demonstrated them in use. It was amazing, if more than any one beginning-intermediate-beginning jujitsuka could absorb in one afternoon. By the time it was over, my body and brain were tied in knots.

Shihan Russ Rhodes was kind enough to host a post-seminar reception at his beautiful home. He and his wife prepared a delicious dinner, complete with drinks. After 7 hours of rigorous training, students and instructors appreciated both the food and the setting. I left the reception reluctantly. If only for an hour longer, I was able to be among masters.



Suro Jason Inay and Masirib Jena Inay demonstrate Inayan Eskrima in the hot Campbell sun.

Masters' Seminar from the Sidelines by Timothy Sheehan

After the most hectic month of possibly the most hectic year of my life, the annually anticipated Masters' Seminar was just around the corner. Unfortunately, lack of adequate planning on my part nearly cost me a ride to the event. Luckily, I managed to find one at the very last moment. On top of that, recent injuries assured that I'd be doing no serious training. Arriving late and restricted, I had to figure out the best way to enjoy this year's Seminar from the sidelines.

Entering the main gymnasium, I saw that Hanshi Anton Mohammed's class was already underway. Always enjoying Hanshi's unique and particularly devious approach to jujitsu, I headed down to watch. On the way, however, I saw Russ Coelho Sensei, and went over to say hello. Always generous with his time and knowledge, he invited me to sit down and we talked about various Danzan Ryu-related topics, including his first teacher, Libert O'Sullivan Sensei, who he pointed out to me. Coelho Sensei



Half of the students at the Master Seminar were youth students.

mentioned that he would also be participating in the history seminar that O'Sullivan Sensei would be giving after lunch. This was excellent news, as I was already looking forward to O'Sullivan Sensei's seminar. I went out to help Gina Rossi Sensei with the food distribution for lunch, and after that was finished, I ate a few bites and hurried back for O'Sullivan Sensei's history seminar. O'Sullivan Sensei, along with Wally Jay Sensei and Joe Holck Sensei, is one of the last living students of Okazaki Sensei. He received his Shodan in 1949, and trained extensively under Sig Kufferath Sensei and

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Mokomoko Invitational

by Ben Lujan

March 25 marked the annual Ju Jitsu, Karate, and Eskrima tournament run by Sensei Hans Ingebretsen. Billed as the Mokomoko Invitational and taking place in the main gym of the Campbell Community Center, this increasingly successful event was executed this year as a partnership with Shihan Carlos De Leon and The Academy of Martial Arts. Partially due to this collaboration, there was a significant jump in the number of competitors; 2005's contest saw 127 participants, whereas this year boasted an even stronger 237.

Representatives from several dozen schools entered, many of which are part of Kilohana, but a large number of unaffiliated schools came to support this open event as well. The Academy of Martial Arts, Shinbukan Dojo, Hollister Chinese Kenpo, Dragon Cloud, Seika Ryu, Team Katana, Dragon's Den, Esteller Martial Arts, and Yeled Kenpo all had strong showings with ten or more competitors.



Shimpan Dale Kahoun referees a Sport Ju Jitsu match.

Divisions were pooled by age, gender, and experience in Point Sparring, Continuous Sparring, Sport Jujitsu, Kata, Grappling, Stick Sparring, Knife Sparring, and Kata Divisions for first timers. Of particular interest was the Sport Jujitsu division, which in last year's tournament had only 4 pools, but this year had pools running from the beginning of the day until 5 p.m. Each of the kids divisions had a substantial enough number of competitors as to allow fairly concise pooling. There were so many competitors in fact, that the considerable preparations for awards and trophies fell short by the end of the day, and prizes had to be mailed out to the top participants.



Two competitors square off at the Mokomoko Invitational

Of course, no tournament or event is complete or gets off the ground without its infrastructure; namely the people who help to organize and run it. There was a substantial supply of black belts to help judge and run pools, and parents to help sell snacks and t-shirts and run registration. Friends, family, coaches, sensei and competitors all showed up to help set up, clean up and load mats. This is something that often gets neglected once the matches are over. As one of the competitors, I would like to thank each of you who helped make this day possible. Until next year's tournament, aloha nui!

Masters' Seminar from the Sidelines continued from page 3

Bing Fai Lau Sensei. Along with the historical points O'Sullivan Sensei had to share with us, he also included a lot of personal anecdotes, and his sense of humor made this seminar a great and rare opportunity to hear from someone with a vast wealth of martial arts life experience.

For the next seminar, I chose to check out Robert Austin Sensei's kempo class. Not very familiar with striking arts in general, and definitely not kempo in particular, I was pleased and a little surprised to find the technique we were focusing on was very similar to the "inside sweep" of Inayan Kadena de Mano. Austin Sensei ran a fun seminar, showing how the technique could apply to short sticks as well as empty hand, and then had us using the technique to move in. Austin Sensei comes out all the way from Colorado, and I was glad he made the trip again this year.

I also was excited to see that Sifu Andy Ching was part of the Masters' Seminar again this year. I had really enjoyed his class last year; he is the only teacher I have met who can make an hour of nothing but stances and footwork so engaging. Not always the most flashy part of martial arts, our footwork is our foundation, and Sifu Ching's style of kung fu, Si Lum Fat Ga, has a very solid and rooted approach. Sifu Ching also gave some instruction on breath and Chi training, another often underemphasized and misunderstood part of martial arts training.

Even from my limited ability to participate, this year's Masters' Seminar was a continuation in the quality of previous years, and I hope to continue to see it grow in this direction in the years to come. Thanks to all the instructors for sharing their knowledge and time, all the coordinators for their hard work, and everyone who attended for their energy.



Steve Nichols demonstrates nage at the Master Seminar

Black Belt Training



May 7, 2006 Shinin Workout

Twice a year Kilohana holds advanced training for all the Black Belts. This year's Shinin training was held the weekend after the Masters' Seminar on May 7, 2006 at Suigetsukan.

Sensei Dale Kahoun and Sensei Hans Ingebretsen lead the black belts in attendance through this difficult list.

It was a good workout but a little on the small side. Sometimes that is how the best learning takes place. As you can see in the picture, only the die-hards showed up.

2006 KILOHANA CALENDAR OF EVENTS

June

June 23-25 - Camp Kilohana. Contact Sensei Richard Pietrelli.

July

July 16th - Black Belt training - Shinyo 11-2pm + lunch; 10-11am Standards board. Both events at Suigetsukan Dojo.

August

August 13th - Kui Lima - 12:30-2:30pm with Prof. James Muro; Kilohana Meeting 10am-noon. Both events at Suigetsukan Dojo.

October

October 1st - Kui Lima - 12:30-2:30pm with Grand Master Arthur Gonzalez; Kilohana Meeting 10am-noon. Both events at Suigetsukan Dojo.

November

November 4th - Fusuikan Invitational Tournament. Contact Sensei Richard Pietrelli.

November 11th - Kilohana Testing, Promotion and Banquet

Please use the Kilohana website, www.kilohana.org, to contact instructors and school for details about events.

2006 Annual Kilohana Adult Summer Camp

This year's Kilohana Summer Camp will be held at the Pietrelli Family ranch. On five secluded acres among the Redwoods of Northern California in the peaceful town of Hydesville, on June 24th and 25th. There will also be an evening workout on Friday, June 23rd.

For information about Camp and for a Camp Registration Form contact:

Fusuikan Martial Arts Center

2725 Myrtle Ave.

Eureka, CA 95501

707-443-1725

info@fusuikan.com

Shinbukan Promotions

Testing was held at Shinbukan on June 1, and the following people received promotions in Danzan Ryu Ju Jitsu. Kukyu: Jordan Bolla and Bryan Troyer. Hachikyu: Tuan Bui, Patrick Callery, Kate DeMoss, Dave Reeves, Brian Sassone and Aaron Shepard. Shichikyu: Leslie Brown. Rokyu: Al Bito, Kelly Fry, Tracy Maloney

and Rachel Rosenberg. Yonkyu: David Bopf. Sankyu: Clayton Conrad, Charles DeVault, Fred Kelley, Kyle Roberts and Charity Ugalde. Ikkyu: Ben Lujan. Kenpo students Samantha Alvarez, Anthony Chan, Jason Hamamura and Geoffrey Nelson were all promoted to the rank of sankyu on May 29, and Clayton Conrad earned his nikyu in Ken Ju Ryu Kenpo Ju Jitsu on June 8.



Congratulations to all the adult students and youth students who were recently promoted. Space constraints keep us from listing all their names, as a total of 79 people were promoted at Shinbukan during recent testing.

Sport Jujitsu Kui Lima

On Sunday March 12, 2006 Kilohana held the first Kui Lima of the year. It was a Sport Ju Jitsu Workshop taught by Hans Ingebretsen and Dale Kahoun.

It was a great workshop both for people preparing for the upcoming competition and for people being exposed to Sport Jujitsu rules for the first time.



Charity Ugalde and Barb Daniels work on their Sport Ju Jitsu techniques.

Inayan Eskrima Kui Lima

On Sunday June 4, 2006 Suro Jason Inay taught an Inayan Eskrima Kui Lima at Suigetsukan Dojo. He focused on fighting with one knife and one stick (symbolizing a sword) at the request of one of the students in attendance. Everyone enjoyed the workout and looks forward to training with Suro more in the years to come.



June 4th Inayan Eskrima Kui Lima



Kilohana Newsletter

Photo Contest

The current staff of the Kilohana Newsletter is looking for a way to get **YOU** more involved with this newsletter. So, we are having a photo contest. The best photos in each category will be displayed in the newsletter and winners will receive small prizes.

Each category will appear in one of the following newsletters.

3rd Quarter 2006 - **Best Martial Arts Action Shot.**
Submissions due on September 1, 2006

1st Quarter 2007 - **Most Artistic Martial Arts Shot.**
Submissions due on January 1, 2007

2nd Quarter 2007 - **Best Silly Photo/ Best Bloop.**
Submissions due on May 1, 2007

Here are the rules

1. Do **NOT** send us your original photos because you will **NOT** get your photos back.
2. Please supply a caption for your photo and your name and contact information.
3. Photos can be sent to Suigetsukan as a jpeg, tiff or gif to the Suigetsukan email: suigetsukan@earthlink.net; or hard copies can be sent snail mail to Suigetsukan at: 103 International Blvd. Oakland CA 94606. Digital Photos are preferred.
4. Photography will be arbitrarily judged by a random group of people who happen to be at Suigetsukan around the due date of the photos.