



KILOHANA

CHRONICLES



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Professor John Chow-Hoon Memorial Seminar
held in Monterey CA March 5, 2022



Message from the Kilohana President

GREETINGS FROM YOUR PRESIDENT

Kilohana Martial Arts Association is 26 years old this year – we have hosted some epic events, and we have nurtured a community of martial artists who have helped each other grow and continually expand our horizons. I have felt privileged to have served as president of this great organizations, and I look forward to what Suro Jason Inay, our incoming president, will bring to the table. As always, our mission is to bring as many opportunities to our members as possible for world class training. As we emerge from the covid pandemic, I look forward to a return to training together. Let us always conduct ourselves in a manner that would make our founder Professor Kufferath proud of us.

Aloha nui,

Hans Ingebretsen

President of Kilohana Martial Arts Association

Kilohana Dojos / Clubs updates

Kilohana Officers

Senior Advisors:

Professor Thomas Jenkins
Grandmaster Bob Maschmeier
Professor James Muro
Grandmaster Frank Sanchez

Executive Board:

President: Professor Hans Ingebretsen
Vice President: Professor Stephen Nicholls
Vice President: Professor Michael Esmailzadeh
Vice President: Professor Tim Harris
Vice President: Professor Scott Merrill
Secretary/Sgt. at Arms: Sensei Kate Demoss
Treasurer: Bryan Brown

Directors:

Membership Director: Clayton Conrad
Director of Massage Standards: James Muro
Massage Academics Director: Rowdy Hall
Weapons Training Director: Jason Inay
Communications Director: Ross Tremayne

Shinbukan



The covid pandemic has been hard on virtually all of us, and most dojos have suffered because of it. We closed down in March of 2020, but we opened back up in August of 2021, holding a small class for the adult kenpo practitioners at our home dojo. Classes at the Campbell community Center are still on hold (Indefinitely???). We have made proof of covid vaccination a requirement to train, in an effort to keep each other as safe as we can. We are about to start a ju jitsu class again, as it appears the pandemic is easing a bit. I do not see us returning to the numbers of students that we used to have, as I imaging many people have moved on to other endeavors, but for those who cannot see their lives without martial art, we are here to train. Two things that I have learned from my training that have come even more into focus because of the pandemic are to be tolerant of viewpoints other than my own, and to be patient. Let us hope that our training has given us the strength to deal with whatever comes our way.

Professor Hans Ingebretsen.

Kiriishi Kai "Hewn Stone Club"



If you didn't know our club is connected to the city of Arcata's parks and rec program and has been running since 2007. In march 2020 the city programs went on hold as the pandemic started, fortunately our club is Danzan Ryu based but I also had the opportunity to train Kashima Shin Ryu kenjitsu. Our classes were held at Arcata's "judohut" connected to the Humboldt Crabs baseball field. In 2013 I asked Shihan if I would be allowed to teach sword and was granted permission. The Dojo has low ceilings but the field worked great for the summer months when it stayed light later..... And so that went a couple of months of the year, but after a bit of time passed in 2020 I talked to the main group of adults ranks and we decided sword with masks met our concerns for distance and contact but also fed our need for our art, so we became "ninjas" at local parks and beaches with random weekend/evening workouts until in Oct of 2021 weather and light became an enemy and we began classes inside through the city again. We are currently using an alternative building (with higher ceilings) and our own mats to train DZR one day a week and Sword another..In January we opened for new students. And so it begins again.

Sensei Matt Olson.

Kilohana Dojos / Clubs updates Cont.

Suigetsukan



At Suigetsukan, like many other dojo, it has been hard in the last 2 years, but we have also been fortunate.

Like many other dojo we have lost a chunk of our student body. Some were overwhelmed with challenges in their own lives, some were not able or willing to adapt to the changes in our training environment, some just found indoor solo hobbies that fascinated them. It will take years to make up for the losses, particularly in our intermediate ranks. The fact that we own our dojo and that 6 of us live there helped a lot with the finances and the monetary contributions our students made, including many who had not trained in years, kept us afloat. I have been repeatedly humbled by the amount of support our community has shown in these hard times.

We were on zoom first for a while, improvising with brooms, pillows and anything we could grapple. Then starting last winter we trained in the parking lot, at first solo and when vaccines became available (and everyone got them), partnered. We slowly moved back into the dojo by early summer. Until 3 weeks ago we were training normally, except for masks (which to me is a minimal safety consideration, much like mats or headgear).

At the moment, the rising infections connected to Omicron has once again put us back on zoom, hopefully for only a brief time. The flexibility required in meeting the changing landscape is tiring, but I tell myself that as a jujutsuka, I should always strive to adapt (ju can be translated as flexible or adaptable after all). I also remind myself that the people who brought us our knowledge through the generations risked their lives and at times faced hardship far greater than I have, to carry our arts forward..

Professor Michael Esmailzadeh.

MO'O Ryu Kempo



The last two years have been hard for everyone due to the COVID 19 Pandemic. The MO'O Ryu Kempo Dojo teaching Kaihewalu lua, Kempo, Ip Man Wing Chun, and Presas Kombatan-Modern Arnis, was able to continue classes via Zoom for its clubs in Guatemala, Mexico, and Argentina.



In 2020, GM Deleon was deployed with the US military to Guantanamo Bay Cuba, and with the local base restrictions guidelines, Soke Deleon was able to teach philipino weapons (Kombatan – Modern Ar-

nis) to a group of military personnel. Some of the deployed new students continue with their training at the MO'O Ryu Kempo Dojo after returning from deployment.



October 16, 2021, the Kaihewalu Lua Association was able to conduct its annual lua seminar in Mesa Arizona.



March 19, 2022, Senior Kumu Lua Deleon taught a regional Kaihewalu Lua seminar in Buenos Aires Argentina, with participants from Argentina, Chile, and Brazil. The Kaihewalu Lua now has three schools in South America, and one school in Guatemala. The MO'O Ryu Kempo looks forward to a fantastic year.



**Dr. Carlos Deleon
Hanshi.**



2022 Kilohana Kufferath Masters Seminar
Campbell CA May 21, 2022

2022 KILOHANA KUFFERATH MASTERS SEMINAR

Saturday, May 21, 2022

John D. Morgan Park, 540 West Rincon Ave., Campbell, CA 95008

10:00 am to 4:00 pm

Cost: \$40 for Kilohana members, \$60 for non-members

Payable at the site on day of training

Lunch is not provided - bring a sack lunch



Instructors:

Senior Professor James Muro

Suro Jason Inay

Professor Michael Esmailzadeh

Professor Rowdy Hall

Senior Kumu Lua Carlos DeLeon

Professor Hans Ingebretsen

Kilohana awards will be presented immediately after the training in the picnic area

PROOF OF COVID VACCINATION IS REQUIRED FOR ATTENDANCE

Further info: Contact Prof. Ingebretsen (408) 377-1787 hansingebretsen@yahoo.com

Kilohanausa.com

International Kenpo Jiujitsu Organization Seminar

Portugal May 27,28 & 29 2022



ENCONTRO INTERNACIONAL DE KENPO
GATHERING IKJO 2022
INTERNATIONAL KENPO JIUJITSU ORGANIZATION



www.ikjo.net

 **JAMES MURO (USA/HAWAII)**

 **PEDRO PORÉM (Portugal)**

 **CARLOS DE LEON (USA)**

 **MARIO HERMO (Spain)**

 **ATHULA MNITHANTHRI (Germany)**

 **AGUSTÍN LÓPEZ (Spain)**

 **CARLOS RAMIREZ (Portugal)**

 **RAFAEL CARRIET (Spain)**

 **MIGUEL RIVAS (Spain)**

 **JOSE HERRERA (Spain)**

Alhandra
27,28 & 29
Maio 2022



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23rd Kaihewalu Annual Lua Seminar

Spokane Washington July 16, 2022



2022 Spokane Washington Annual Lua Seminar Honored Guest Instructors



Kumu Lua Mike Whittle
(Kaihewalu Lua / Ko'oko'o Maka Pahoa)

Kumu Lua Carlos Deleon
(Kaihewalu Lua / Mokomoko)

Kumu Lua Ramsey Taum
(Kaihewalu Lua)

Kumu Lua Isidro Trujillo
(Kaihewalu Lua / Poho Lima)

Kumu Lua James Muro
(Kaihewalu Lua)

Kumu Lua Randy Ong
(Kaihewalu Lua)

Kumu Lua Hans Ingebretsen
(Kaihewalu Lua)

Kumu Lua Matt Nocerino
(Kaihewalu Lua)

Kumu Lua Bernard Lapointe
(Kaihewalu Lua)

Kumu Lua Patrick Folker
(Kaihewalu Lua)

Additional Guest Instructors TBD

Saturday, July 16, 2022

All Schools and Styles are Welcome!



Other Upcoming Events for 2022

Regional Lua Seminar Senior Kumu Lua Carlos Deleon

Mexico May 2022

Location and date TBD

Shinbukan 25 Year Anniversary Celebration this Summer

Location and date TBD

Chow Hoon Promotion end of September

Location and date TBD

Mangisursuro Mike Inay Workout

Location and date TBD

Brown and Black Belt Weekend October

Location and date TBD

Shingin review class by Professor Muro

Location and date TBD

Rowdy Hall Seminar

Location and date TBD